



**DEEN DAYAL UPADHYAY KAUSHAL KENDRA (DDU-KK)  
DEVI AHILYA VISHWAVIDYALAYA, INDORE**

(Under UGC Scheme for Skill Development)

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**BOARD OF STUDIES MEETING**

**6 April 2021**

**AGENDA**

- Introduction and Welcoming of Members by Director, DDU-KK.
- Review of core subjects in Sem I and Sem II in Diploma in Fitness Nutrition
- Vote of thanks by MTS.

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**Minutes of the Meeting for Review of Subjects  
in Diploma in Fitness Nutrition Programme**

A meeting for finalizing the important aspects related to subjects offered in one-year Diploma in Fitness Nutrition is scheduled on 6 April 2021 at 11.30am, Vigyan Bhawan, DDU-KK, DAVV, Khandwa Road, Indore and following Committee Members in this Skill Sector were present:

S.NO.	NAME	DESIGNATION	SIGNATURE
1.	Dr. Maya Ingle Director DDU-KK, DAVV	Chairman	
2.	Dr. Munira Hussain Senior Academician	Expert Member	
3.	Dt. Zainab Nadeem Academician/ Freelancer	Expert Member	
4.	Dt. Nandita Thakur Dietitian, Medicare Hospital	Expert Member	
5.	Ms. Anshika Jain MTS, DDU-KK	MTS, DDU-KK, DAVV	 6/4/21

- The Chairman of the Committee welcomed all respected members.
- The committee reviewed core subjects offered in semester I and semester II.
- And, decided that the "Nutritional Problems & Management" subject offered in semester I in year 2020-2021 has to be replaced by "Basics of Health & Fitness" and syllabus should be prepared within a week.
- The meeting was over by 1.00pm.

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Scheme of Marks for *Certificate in*  
**Fitness Nutrition**  
**Semester I**

**Scheme for 2021-22**

S. No.	Subject Code	Subject Title	T	P	Credits
1	DD1A-101	Business Communication (English)	1	4	3
2	DD1A-103	Basic Computer Application	2	2	3
3	DD1A-105	Basic Concepts of Nutrition	3	6	6
4	DD1A-107	Life Cycle Nutrition & Meal Management	3	6	6
5	DD1A-109	Basics of Health & Fitness	3	6	6
6	DD1A-111	Project	-	12	6
<b>TOTAL</b>			<b>12</b>	<b>18</b>	<b>30</b>

T- Theory; P- Practical

Scheme of Marks for *Diploma in*  
**Fitness Nutrition**  
**Semester II**

S. No.	Subject Code	Subject Title	T	P	Credits
1	DD1A-102	Clinical Nutrition & Diet Therapy	3	6	6
2	DD1A-104	Nutrition in Physical Health & Fitness	3	6	6
3	DD1A-106	Nutraceuticals & Health Supplements	3	6	6
4	DD1A-108	Fitness and Weight Management	3	6	6
5	DD1A-110	Case Studies	-	12	6
<b>TOTAL</b>			<b>12</b>	<b>18</b>	<b>30</b>

T- Theory; P- Practical

*R. K. K.*

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