



INSTITUTE OF ENGINEERING AND TECHNOLOGY

DEVI AHILYA VISHWAVIDYALAYA

(Accredited Grade 'A+' by NACC)

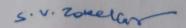
NATIONAL SERVICE SCHEME

Report

Session (2021-22)

Devi Ahilya Vishwavidyalaya, Indore

Rabindranath Tagore Marg, Chhotti Gwaltoli, Indore Madhya Pradesh (452001)



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National Service Scheme

List of activities of session 2021-22

S. No.	Namo		
	Name of Event	Date of Event	Number of Participants
1.	Guru Purnima		rarticipants
2.	Hariyali Mahotsava	24/07/2021	80
3.		26/07/2021	60
4.	Cleanliness Competition	05/08/2021	62
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11 11	Constitution Day	26/11/2021	62
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12.	ROKO-TOKO Abhiyan	07/01/2022	105
13.	National Youth Day		60
14.	National Girl Child Day	12/01/2022	80
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16.	Blood Donation Awareness Session	25/02/2022	50
17.	Village Visit- March 2022	02/03/2022	27
18.	Women's Day Celebration	08/03/2022	THE PARTY OF THE
19.	Nutrition Awareness Campaign	The state of the s	45
20.		30/03/2022	40
	Nukkad Natak on Voter's Awareness	05/04/2022	30
21.	Environment Day	05/06/2022	30
22.	Yoga Day Celebration	21/06/2022	22



S. V. Zakeller



राष्ट्रीय सेवा योजना अभियांत्रिकी एवं प्रौद्योगिकी संस्थान देवी अहिल्या विश्वविद्यालय, इंदौर

दिनांक २४/०७/२०२१ वर्ष २०२१- २०२२

गुरु पूर्णिमा उत्सव

क्र.	दिनांक	संस्था का नाम	स्थान	भागी संख्य	दारी I	आयोजित कार्यक्रम की व्याख्या
-				छात्र	शिक्षक	जांजा
1.	24/07/21	IET- DAVV	ऑनलाइन माध्यम	60	20	दिनांक 24 जुलाई को गुरु पूर्णिमा के पावन अवसर पर समस्त शिक्षकगणों के सम्मान में गूगल मीट के माध्यम से वर्चु अल कार्यक्रम का आयोजन किया गया। इस कार्यक्रम का शुभारंभ सरस्वती वंदन और कुलगीत के साथ हुआ जिससे वातावरण एकदम मनोरम हो गया। विद्यार्थियों ने गुरूर ब्रह्मा गुरूर विष्णु गुरुर देवो महेश्वरः गुरूर साक्षात परमब्रह्मा तस्मय श्री गुरुवे नमः।। श्लोक के साथ गुरुओं को नमन किया एवं जीवन में उनके महत्व का परिचय देने के साथ ही गुरू पूर्णिमा के ऐतिहासिक महत्व पर भी प्रकाश डाला। तत्पश्चात विद्यार्थियों द्वारा बनाए गए शिक्षकों को समर्पित एक वीडियो संदेश के साथ कार्यक्रम को आगे बढ़ाया गया। मुख्य अतिथि के तौर पर माननीय निदेशक महोदय डा. संजीव टोकेकर जी उपस्थित रहे। उन्होंने अपने प्रेरणादायक शब्दों के साथ विद्यार्थियों को संबोधित किया। कार्यक्रम में आई. ई. टी संस्थान के विभिन्न विभागों के विभागाध्यक्ष, विरष्ठ एवं संस्थान के अन्य शिक्षकगण, एवं विद्यार्थी भी मौजूद रहे। तत्पश्चात् विद्यार्थियों ने शिक्षकों को समर्पित संगीत, भाषण, शायरी, वादन, कविता, आदि प्रस्तुत किए और गुरु को जीवन से अंधकार का हरण करने और केवल शैक्षणिक ही नहीं अपितु जीवन की परीक्षा का सामना करने के काबिल बनाने हेतु धन्यवाद दिया। उसके बाद शिक्षकों को अपने प्रेरक शब्दों द्वारा बच्चों का मार्गदर्शन करने हेतु आमंत्रित किया गया। अंत में एक विद्यार्थी ने कार्यक्रम को सफल बनाने के लिए सभी का आभार वयक्त किया एवं इसी के साथ कार्यक्रम का समापन हुआ।

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Hariyali Mahotsav 2021

DAVV

S.No. Date

	of institute	Place Number of participants			of the program	
			Students	Teachers		
					The institute celebrated Hariyali Mahotsav with full enthusiasm on July 26th, 2021. Over 40 volunteers and 20 staff members actively participated to make their valuable contribution towards the protection of the mother nature. Indeed, nature is the mother of all, as it helps to sustain our life. It is our companion since eternity.	
1. 26/07/2021	IET-	M-	40	20	The main purpose of the celebration was to spread awareness regarding saving our mother nature. As a part of the celebration, a plantation drive was being organised at the M block. Volunteers planted various plants brought by their own. Numerous varieties of	

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Block

The event mainly focused on the celebration, requirement and the need of responsibility as humans towards mother nature. As youngsters, we are the future of the world. We must understand that we haven't inherited this earth from our forefathers, but we have borrowed it from our children. Hence, it is our duty to contribute our part in this holy mission of saving our ailing. planet. Thank you.

plants were also provided at the college. The

drive began in the morning and continued till late evening. Some members adopted a plant and asked others to adopt at least one plant

and nurture it till it grows completely.

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Cleanliness Competition

5.n	Date	Name Place of Inst.		No. of Participants		Summary of the event
				students	teachers	
						Someone said that, "cleanliness is an emblem of purity of mind." Cleanliness is the responsibility of every citizen & every Indian is a part of Ongoing Swachh Bharat, Swasth Bharat Campaign in India. Taking this Campaign forward, NSS IET-DAVV organised a
1.	05/08/21	IET- DAVV	Online Medium	60	2	competition among the students to share their thoughts about the Cleanliness on the theme 'Why Cleanliness' in the form of Essay, Video, Speech etc. The main purpose of this Programme was to raise awareness regarding cleanliness. The competition saw an active participation from the students making them realise the importance of cleanliness & sanitation.

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Independence Day

S.n	Date	Namof Inst.	e Place	No. of Participa	nts	Summary of the event
				students	teachers	
. 1	.5/08/21	IET- DAVV	Offline Medium	30	6	for all the Indians across the globe as it was not any normal Independence Day but it was the Platinum Jubilee of our freedom from British rule. India on Sunday celebrated its 75th Independence Day with usual pride. On that day our honorable director sir, Sanjiv Tokekar sir hosted the Tiranga in the presence of faculty members, Tapesh Sisodiya sir, Seema Chouhan mam, NSS volunteers and some local students. To make this day worth remembering, the only way would be by giving plants to our mother land, so our honorable Sanjiv Tokekar sir and all the members present over there did the noble work of plantation with in the IET DAVV campus at M-Block with a slogan of "BREATHE EASY LET'S PLANT SOME TREES", as it is rightly said that he who plants a tree plants a hope.

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Sadbhavana Diwas

	Date	of Inst.		No. of Participants		Summary of the event
				students	teachers	
1.	20/08/21	IET- DAVV	Online Medium	80	5	Sadbhavana Diwas is observed on 20 August every year to commemorate the birth anniversary of youngest Prime Minister Rajiv Gandhi. It is celebrated to promote the National Integration, peace and communal harmony In the country. An oath taking programme was conducted by NSS team in which all students and teachers took the pledge for the same.

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Session on Right Nutrition

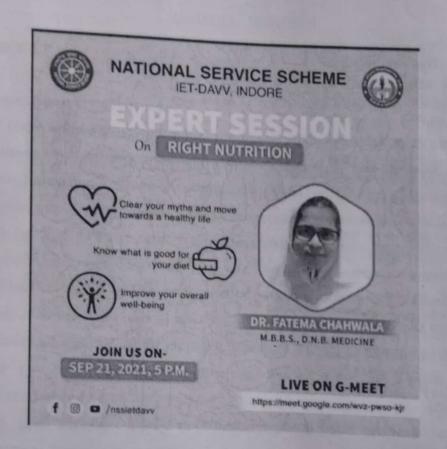
S.n	Date	Name of Inst.	Place	No. of Participar	nts	Summary of the event
-				students	teachers	
1.	21/09/21	IET- DAVV	Online Medium	100	5	It is often said that we can buy medicines, exercise equipment and good food using our wealth, but health and well-being of body and mind is always the matter of our choices. To explain the students about importance of right lifestyle, nutrition and taking care of our health, a session was organized by NSS IET- DAVV. The guest of the session was a learned and humble person who had vast experience in the field of right nutrition for children and adults, Dr Fatema Chahwala . The event sought huge participation of students and everybody learnt the significant ways to keep a track on our lifestyle for better health. They got to know the right intake of diet, amount of water one must drink in a day, and difficulties that one might face if not taken care, the diseases that exist in the world due to improper nutrition and education to help us



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maintain happier life in comfy of good health, stay away from all problems and be immune.

The informative session concluded with smiles of enlightenment and vote of thanks to organizers, and special thanks to ma'am for such valuable information for students.



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NSS Day

S.n	Date	Name of Inst.	Place	No. of Participants		Summary of the event
				students	teachers	
1.	24/09/21	IET- DAVV	Online Medium	60	3	Like every year NSS Day was celebrated with great enthusiasm and joy. The event started with Saraswati Vandan and Kulgeet. The main aim of NSS is the development of personality and character of youth. The program was conducted in the presence of our honorable Director Dr. Sanjeev Tokekar sir and NSS program officers Mr. Tapesh Sarsodia and Mrs. Seema Chouhan. The NSS IET-DAVV magazine "AAROHANAM" was also launched. Later on viewers also get to know the historical background of NSS, the motto of NSS and its objectives. Volunteers also presented the NSS activities done in recent session. Our director sir and program officers also shared their
1.	24/09/21			60	3	and Mrs. Seema Cho IET-DAVV magazine 'was also launched. La also get to know background of NSS, the and its objectives. V presented the NSS ac recent session. Our de

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National Service Scheme IET-DAVV, Indore



NSS Day Celebration

September 24th, 2021





Gandhi Jayanti

S.n	Date	Name of Inst.	Place	No. of Participants		Summary of the event
1.	02/10/21	IET- DAVV	Offline Medium	students 20	teachers	"Cleanliness is our duty and for spreading awareness about it we should work together for the upliftment of society" with this theme in the honour of Gandhi Jayanti, NSS IET-DAVV has organised a visit to the adopted village Barlai Jagir, Indore. There, NSS IET-DAVV volunteers & program officers conducted an awareness program, in which they discussed various social issues like swachhta mission, COVID-19 vaccination program, health & hygiene, diseases related to girls, dengue & other communicable diseases with the villagers & also inform them about various State & Central Government schemes and also provided career guidance for 10th students.

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Unity Day

S.n	Date	Name Place of Inst.		No. of Participar	nts	Summary of the event
	-			students	teachers	
1.	31/10/21	IET- DAVV	Online Medium	60	10	Sardar Vallabhbhai Patel, the veteran freedom fighter who was also the country's first Home Minister whose contribution in convincing many of the princely state to join the union of India can never be forgotten. To pay tribute to the great leader our country celebrates Unity Day on his birth anniversary, 31st October every year. On this day NSS volunteers took the oath along with faculty members which was headed by our respected Sanjiv Tokekar sir. The message which was conveyed by the pledge was to devote ourself to preserve the unity, integrity and security of the country, to spread this message and to work for the unification of our country which was made possible by the vision

and action of late Sardar Vallabhbhai Patel.



Constitution Day

S.n	Date	Name of Inst.	Place	No. of Participar	nts	Summary of the event
				students teachers		
1.	26/11/21	IET- DAVV	Online Medium	60	2	Constitution Day is celebrated in India on 26 November every year to commemorate the adoption of the Constitution of India. On 26 November 1949, the Constituent Assembly of India adopted to the Constitution of India, and it came into effect on 26 January 1950. It is also known as "National Law Day". To celebrate this day, NSS-IET DAVV organized preamble reading and pledge taking in all classes of all years to promote Constitution values among all.

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Session on AIDS Day

S.n	Date	Name Plac of Inst.		Place No. of Participants		Summary of the event	
	**			students	teachers		
1.	01/12/21	IET- DAVV	Offline Medium	100	5	"It was a disease that had no cure, a trauma whose beginning was unknown and yet like fire engulfed everyone unknown" these words describe the pain of HIV Epidemic that had enraptured different parts pf the world and it seemed like impossible to diagnose by just looking. Thankfully today, we're aware and know how to curb the transmission of this disease and this awareness campaign is renewed every year by watching World AIDS day on 1st December. This time, the students and meticulous staff of IET-DAVV organised a seminar about the HIV Symptoms, Precautions and Exceptions on December 1,2021. The event was carried out in offline mode at M-Block Auditorium, it commenced at 11am that day and finished	
						within 2hrs. The session was enlightened by learned and humble persons who had huge epitome of knowledge and cognizance in this field, ma'am Anjali Shrivastav as the Guest of Honor and Ma'am Swati Dwivedi (Assistant TI) as the Program Manager. The event seeks huge participation of students and everybody learnt the significant ways to stay away from all problems and be immune, also how this disease wreaked havoc all over the world once but awareness and preventive measures and intellectual approach helped bring it under control. They also learned about the necessary protocols, rules and red ribbon organisation based on awareness for HIV-AIDS.	

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The informative session concluded with smiles of enlightenment and vote of thanks to organisers, and special thanks to our guests for such valuable information for students.

Later a quiz was also organised on College and District level for the same cause and participants faced certain MCQs about healthcare and HIV. The winners of college level were taken to District level for competing.



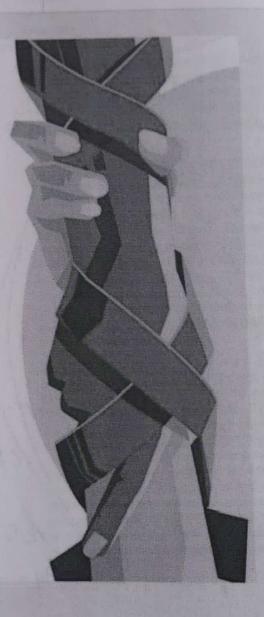
HiV Symptoms, Precautions and Exception

1 DEC. 2021

11.00 AM Venue: Auditorium M - Block

SPEAKERS

Swati Dwivedi Program Manager, Ajst. Ti Anjali Shrivastav





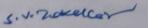
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Roko-Toko Abhiyan 2022

S.No.	Date	Name of institute	Place	Number of participants		Summary of the program
				Students	Teachers	
		,				In order to tackle rapidly increasing cases and create awareness about new COVID variant omicron, the MP Government started "ROKO TOKO CAMPAIGN" in which the NSS (National Service Scheme) contributed actively and effectively.
1.	07/01/22- 12/01/22	IET- DAVV	IET Campus	40	20	As a part of the campaign, the NSS IET-DAVV volunteers made the students understand the necessity to wear their masks properly, sanitize their hands, maintain social distancing and take proper precautions regarding the Omicron variant. They raised their voice for avoiding handshakes, touching your face, rubbing your eyes, and touching unnecessary stuff. Under this, the volunteers also took pictures and distributed masks to the people who weren't wearing masks inside the college campus.
						This campaign was carried forward by the NSS volunteers for a period of 7 days. In this period, they revolved around all the campus creating awareness among people. By using

This campaign was carried forward by the NSS volunteers for a period of 7 days. In this period, they revolved around all the campus creating awareness among people. By using slogans such as "Meri suraksha, mera mask", and "Do gaj doori, mask hai zaruri", the team members addressed the students as well as teachers of the campus. Indeed, the usefulness of extenuative actions is extremely reliant on society's knowledge, attitudes, and practices toward pandemic control. It was the enthusiasm and hard-work of the Roko-Toko team which made the campaign successful.







National Youth Day 2022

S.No.	Date	Name of institute	Place	ce Number of participants		of the program	
				Students	Teachers		
						Like Every year, National Youth Day was being celebrated enthusiastically on 12th January, being the 159th Birth Anniversary of Swami Vivekananda.	
						To Commemorate this special day, NSS IET-DAVV Team organised a session on Surya Namaskar at morning 8 Am in virtual mode through Google meet. The session started with the inauguration by honourable Director of IET Dr. Sanjeev Tokekar Sir. In his opening speech, Director Sir addressed all the Volunteers & threw light on the inspiring life	
1.	12/01/2022	IET- DAVV	Virtual Mode & M- Block	60	20	story of Swami Vivekananda. After this, the further session continued under the guidance of Ajeet Bergaley Sir by performing Surya Namaskar.	
						After that, Book Exhibition from Vivekananda Kendra Kanyakumari, Indore Centre was organised at M- Block of IET campus, from 11 Am to 2 PM. The Books which were exhibited were based on the literature related to the life & works of Swami Vivekananda.	
						The whole youth day celebration was incredible & all the volunteers as well as students learned a lot from Swami Ji's inspiring life & we were surprisingly upbeat & energetic all day.	

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Summary of the program

National Cirl Child Day 2022

S.No. Date	Name of institut	Place	Number o participan	
1			Students	Teachers
1	*			
1 1				

1. 24/01/2022 IET- Virtual 60 20 DAVV Mode The National Girl Child Day was enthusiastically being celebrated in the institute on January 24th through the online mode. The motto of the celebration was to "Educate, Encourage, and Empower girl child!" The virtual ceremony started with Saraswati Vandana which made the environment pious and calm. It was followed

by the Kulgeet of DAVV University.

After that, the hosts told everyone about the significance and reason behind celebrating this day. They urged everyone to renew their commitment towards providing opportunities to our girls. As everyone the accomplishments daughters, they pledged to bridge the gender gap to build an inclusive & equal society. They told how this day was initiated in 2008 by the Ministry of Women and Child Development to spread awareness among people about inequalities faced by girls in the country, to promote awareness about the rights of girl children, and to increase awareness on the importance of female education, health, and nutrition.

Furthermore, professors of our college who are inspiring faces of women empowerment like Vrinda Tokekar ma'am, Seema Chouhan ma'am, and Kaamna Lad ma'am showered their words of wisdom and conveyed on the topic of mental health awareness for woman. They encouraged all the girls in the meet to work hard and be unstoppable. At the end, a student delivered the vote of thanks and the celebration ended on a motivational note.

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Voters Day Pledge

S.n	Date	Name of Inst.	Place	No. of Participants	Summary of the event	RONDE SHEEFE
1.	25/01/22	IET- DAVV	Online Medium	students leachers	On the mark of January every yet taking ceremony rights and instill leader per class student read the snapshots of the classes participal and fulfill their elections. According to vote for control our constitution to vote for control of the pledge take "We, the citizent hereby pledge country and the and to vote in influenced by	the power of ballot not bullet, as the en of a democratic country, voting is our sole ow our future must look like" If National Voter's Day observed on 25th ear, Volunteers of NSS organized a pledge y in every class to aware students of voting a sense of unity amongst them. With one is in online medium (google meet), one he pledge and rest all repeated after. The eceremony had been shared in the group. All atted and actively pledged to cast their votes duties towards the nation in the coming reding to Universal Adult Franchise granted by the every citizen above the age of 18 is eligible constituency, municipal, state or national en was- to uphold the democratic traditions of our its edignity of free, fair and peaceful elections every election fearlessly and without being considerations of religion, race, caste in guage or any inducement."





Blood Donation Awareness Session

S.n	Date	Name of Inst.	Place		cipants	Summary of the event
1.	25/02/22	IET- DAVV	Offline Medium	students	teachers	When we get an opportunity to save someone's life by donating, it's a golden opportunity to make this being worth. There's a lot of concerns about how's, what's and why's of donating blood and the implications there after. To know about this topic and bust some myths and misconceptions, we had a panel of experts for Blood Donation Awareness. The session was organised with active participation of students and teachers. The chief guest Dr Bharat Ratnani talked about methodology of donation and made everyone aware of its merits and life saving characteristics. He also briefed about implications of blood donation and his address really inspired students to consider donating blood. The other guests of honor were Dr Azhar Qureshi and Dr Aftab Alam Qureshi who talked about the social myths regarding medical healthcare and importance of health. They also elocuted upon who can donate blood and how. Overall it was a very informative and successful event and students and teachers were deeply inspired by the experts opinions.



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Village Visit- March 2022

-	Date	Name of Inst.	Place	No. Part	of icipants	Summary of the event
1.	02/03/22	IET-DAVV	Offline Medium	students 25	teachers 02	"When a village is enlightened, the whole nation awakens." An awareness camp to our adopted village was organised for NSS Volunteers, vsist to an adopted village Barlai- Jagir which is 30-35km away from Indore. Students along with few teachers divided into 3 major groups and covered 30 to 40 houses per group. The awareness was about 3 diseases, Sickle cell Anaemia Disease, HIV AIDS, and Blood Donation. The diseases were covered under Red Ribbon Club's awareness program. Students talked to village people and asked about their problems, made them aware about these diseases and their implications, causes and how to prevent them. Students went there via bus and explored the village, with banners, posters and infographics, the awareness program was actively organised in the team spirit of students. They also visited school and had a light time talking to children about their daily activities and inspired them to stay aware and keep proper hygiene. Root level issues like development, sanitation, drinking water issues, important supply was also taken care of and the visit proved to be a success after seeing happy responses of the city.

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National Service Scheme Institute of Engineering & Technology

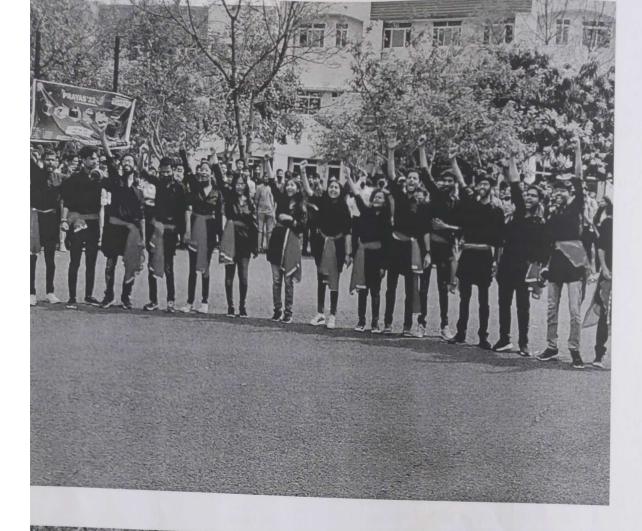
Devi Ahilya Vishwa Vidyalaya, Indore (Madhya Pradesh)

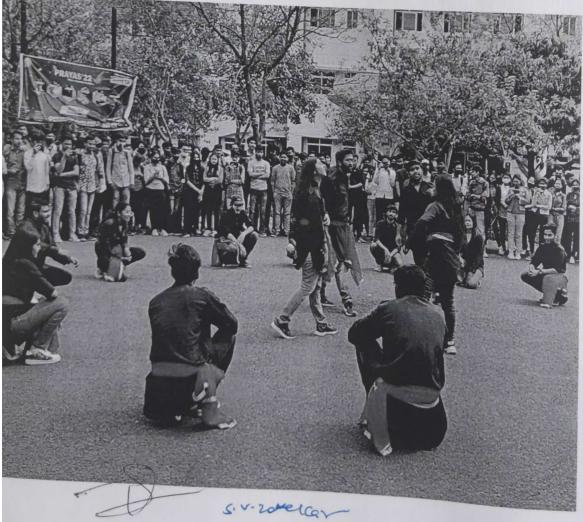
Women's day Celebration 2022

S.n	Date	name of inst.	Place	No. of Participants		Summary of the event
				students	teachers	
1.	08/03/22	IET- DAVV	offlime Medium			The IET DAVV family witnessed women's day be celebrated with great zeal and excitement. Pratyaksh, the dramatics club of our college, organized fun activities including a nukkad natak in honor of the very special day. The students and the faculty members, all came together to celebrate what womanhood stands for, with great enthusiasm and energy. Taking a new refreshing take on the usual women's day festivities, Pratyaksh chose to highlight the problems faced by women in institutions, through a fun and engaging nukkad natak. The Act was witnessed by a huge crowd of 500+students, all cheering and singing along with the performers. The air was charging with energy and the feeling of hope to bring about a change for our women was prominent. The performance put on by our troop had the audience excited and very much captivated till the very end. The everyday struggles and prejudices faced by our women were beautifully portrayed by the performers and the nukkad natak was followed by a huge round of applause and praises by students and faculty alike. The performance, by highlighting the little problems that go unnoticed in our everyday lives, had the audience thinking as they left the premise. Everyday hypocrisy and problems were highlighted and left the audience with a sense of realization and goosebumps. Behind the joyful faces and the energetic cheers, our club hopes that this performance will help change things for women in our society



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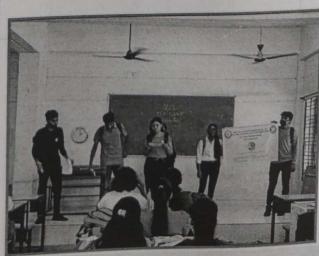




Nutrition Awareness Campaign

S.No.	Date	Name of institute	Place	Number of participants	Summary of the program
1.	30/03/2022	IET- DAVV	College	40	Identification of youth awareness & dietary practices is the first steps towards promotion of adopting healthy eating habits. The Ministry of Women and Child Development of Central Govt. Started "Nutrition Awareness Program" in which the NSS contributed actively & efficiently. In order to promote healthy diet, The NSS IET-DAVV volunteers made the students understand the necessity & benefits of balanced diet as well as healthy diet. There were 30-40 volunteers of NSS participated over there in between the five teams & each team had 6-8 volunteers. These NSS Teams went to the different departments of IET & covering almost every places of IET campus & spreading awareness on Nutrition that we should include sufficient intake of Carbohydrates, Proteins & Vitamins in our diet. In this way, we made students aware of healthy diet. The main objective of this programme is to create awareness regarding awareness. NSS IET-DAVV has been instrumental in the mission to creating mass awareness among the students about the significance of Nutrition & its importance.





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S. V. Toballer



Nukkad Natak on Voter's Awareness

S.No.	Date	Name of institute	Place	Number of participants	Summary of the program
					A democracy can't thrive without the votes of its citizens, which is why it is of the utmost importance to cast your vote and be part of the millions who help in setting up the direction and growth of our country. With this mission of awakening the young voters about their rights and duties, the NSS IET-DAVV volunteers presented a Nukkad Natak in front of the Central Library, DAVV Takshila Campus, Indore.
1.	05/04/2022	DAVV Takshila	DAVV Takshila Campus		About 25 students enthusiastically participated in the voter's awareness campaign and played their roles exceptionally well. The Nukkad Natak set the tone for year-long activities focusing on voter education and renewal of citizens' faith in the electoral process. The main aim of the natak was to educate the newly eligible voters about the importance of vote in one of the largest democratic country like India by voting for a suitable and right candidate.
					They used catchy slogans like "Saare kaam chod do, sabse pehle vote do" and "Naa jaati pe na dharm pe, button dabega karm pe" to grab the crowd's attention. With the contribution of everyone's hearty efforts, the presentation of the play happened successfully and effectively.







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Environment Day

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s.no	Date	Name of institu	Place	Number of participa nts	Summary of the program
1.	05/06/2022	IET- DAVV	College Campus	30	World environment day is the biggest mainly celebrated for encouraging awareness action for the protection of the environment. The main motive for celebrating it to raise awareness on environmental issues such as marine pollution, overpopulation, and global warming. The institute celebrated environment day with lots of enthusiasm. Approx 30 volunteers actively participated and as a part of celebration, they planted various plants brought by their own in the college campus. Also each and every volunteer took resolution of tree plantation. The main purpose for celebrating the environment day is to create awareness among people for maintaing and keeping our environment clean and to realize the responsibility towards the nature.

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Yoga Day Celebration 2022

S.n	Date	Name of Inst.	Place	No. of Participants		Summary of the event	
				students	teachers		
1.	21/06/22	IET- DAVV	Online Medium			"Yoga is the blessing that can connect one's heart and soul to nature and universe" keeping this in mind, yoga day was graciously celebrated by students of NSS IET DAVV. A group yoga activity was organized in both online and offline medium, students who were close to the campus could reach out there on 21st of June and practice yogasanas with our respected mentor sir Ajeet Bargaley, while students at home could join via a google meet to the live session at campus and practice the asanas in synergy with the auspicious sunrise of yoga day. The members of NSS IET left no stone unturned to celebrate this event with full energy and also create an awareness about physical, mental and spiritual well-being that comes with regular practice of yoga. Sir told students the importance and methodology of each and every asanas practices and also elucidated the significance of pranayam and string of breathe that instills even more efficacy to the practice of yoga. The event concluded by vote of thanks by organizers and cheerful smiles of the students who joined the session both physically and virtually making the event a successful one. Learning the keys of better health and liveliness that ancient Indian wisdom of yoga offers was the objective well fulfilled by this program.	



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