

Devi Ahilya Vishwavidyalaya

School of Social Sciences

Assignment of B.A. Psychology

2022-23



Faculty- jyoti joshi

Subject- basics of counseling

Topic- field visit report file

Submitted by -

Ms. Surbhi Bhasker

Submitted to -

prof. jyoti joshi

ACKNOWLEDGEMENT

I sincerely thank SCHOOL OF SOCIAL SCIENCES for facilitating my enriching field visits by providing orientations, insights and making time for my queries despite demanding schedules. Special thanks to counselors for allowing me to observe meaningful sessions to gain crucial first-hand exposure that supplemented academic learnings. I also acknowledge the staff and management teams across all three organizations for invaluable assistance and timely permissions.

Once again, thank you to everyone involved for making these visits outstanding learning experiences through considerate guidance.

INTRODUCTION

On November 4th, 24th, and 27th, a psychology field visit was organized for students to gain first-hand experience in understanding and addressing various learning disabilities and developmental challenges. The visit included the following stops:

1. ****Yugpurush Dham (November 4th)****: The first stop was at Yugpurush Dham, where students observed children suffering from ADHD, learning disabilities, and other challenges that prevented them from performing daily activities. This visit allowed students to witness the impact of these disorders on the children's lives and understand the importance of early intervention and support.

2. ****Happy Home Rehabilitation Center (November 24th)****: The next day, the group visited Happy Home Rehabilitation Center, where they learned about the center's functioning, the patients, and the various therapies offered. Students were exposed to different treatment methods and had the opportunity to interact with the patients, gaining insights into the challenges they face and the progress they make.

3. ****Arunabh (November 27th)****: The final stop was at Arunabh, an intervention center for differently-abled skill development and vocational training center for differently-abled individuals. Here, students observed how the children run the cafe by themselves, showcasing their skills and abilities. The visit emphasized the importance of inclusion and the power of empowering individuals with disabilities to lead independent lives.

Throughout the field visit, students were able to connect theory with real-life experiences, fostering a deeper understanding of learning disabilities and developmental challenges. The visits to Yugpurush Dham, Happy Home Rehabilitation Center, and Arunabh provided valuable insights into the challenges faced by individuals with these disabilities and the various interventions and support systems in place to help them lead fulfilling lives.

FIELD VISIT 1

YUGPURUSH DHAM

OBJECTIVE:

The main objective of the visit was to gain more knowledge about special mentally retarded children and about their disorders how these children are treated working of the organisation how children are divided according to their disorders and their severity. What are therapies used

to treat them also to gain knowledge about how due to different abnormalities or disorders children face challenges and how they can be TREATED.

PROFILE OF THE ORGANISATION

Nature: Yugpurush Dham is an institution dedicated to providing support and care for children facing various challenges related to ADHD, learning disabilities, and behavioral issues. It serves as a haven for children dealing with these conditions, aiming to offer them specialized care and assistance.

Mission: The mission of Yugpurush Dham is to create a nurturing environment where children facing ADHD, learning disabilities, and behavioral issues can thrive. Their goal is to provide tailored support, interventions, and care to enhance the well-being and daily lives of these children.

Services: At Yugpurush Dham, children receive individualized care, therapeutic interventions, and support systems. The agency focuses on aiding children in overcoming the hurdles posed by their conditions, enabling them to engage more effectively in daily activities and fostering their overall development.

OBSERVATION

I observed that the place and the building was very peaceful and coming for the children as well as adults boys and girls was separated that is first floor was for boys and second floor was for the girls and other small aged children or severe disorderly children. he staff told me that there are 4 stages for the children that is primary secondary vocational and post vocational and according to their schedules time table the treatments are decided. Staff also told us about their services that is

assessment consultation occupational therapy Physiotherapy special education and speech THERAPY.

Conditions served:

Attention deficit hyperactivity disorder

Autism spectrum disorder

cerebral palsy

learning disability

The age group here very mostly from 13 to 17 years 6 to 12 years above 18 years and some under 6 years mostly children were having problem disorder **of cerebral palsy.**

CONCLUSION

It exist to make the first step in a family's path to recovery the right step through knowledgeable, unbiased, and helpful information while continuing to provide relevant resources throughout their entire recovery journey. It is Independent as it do not own or are operated by a treatment center and it is Ethical their guiding principle is to put the patient first.

FIELD VISIT 2

HAPPY HOME REHABILITATION CENTRE

INTRODUCTION:

Happy Home De-Addiction Centre is running under Smart Future Social Welfare Society, Indore. It is established in 2014 with the Vision to provide proper treatment of addiction in society and educate for themselves and their next generation.. They are working on Alcohol and Drugs De-Addiction to create awareness and treatment of addiction.

Happy Home De-Addiction Centre, founded in 2014 under Smart Future Social Welfare Society in Indore, stands as a beacon of hope for

individuals grappling with drug addiction and mental health issues. With a profound mission centered around the ethos "Discover serenity and healing," the centre strives to combat addiction through heightened awareness and compassionate, expert treatment. During our visit on November 24th, we witnessed firsthand their commitment to tailored care. Their in-house team of specialists designs fully personalized therapy programs, incorporating evidence-based practices like counseling, yoga, and meditation. Beyond treating addiction, the centre embraces a holistic healing approach, nurturing healthier mindsets and relationships. Moreover, their dedication extends beyond individual recovery, focusing on educating families to break inter-generational cycles of addiction. The centre's patient-centric philosophy emphasizes sustained support post-recovery, reflecting their dedication to rebuilding lives and fostering lasting societal change.

Objective :

objective is hidden under our name "Happy Home". As we know about our present scenario of the society, the addiction of different harmful substances are destroying the society. Their main concern is to prevent our society by preventing an individual life from substance abuse so that they can get back to their feet.

ORGANISATION PROFILE

Happy Home Rehab Centre is a mental health service provider which works under a NGO. Have great facility of clinical staff and meal nutrition of patients . There are approximately 35 patients

Directors – Mr. Praveen Shrivastava

Mr. Vinod Roz

Services offered :

- Alcoholism Treatment
- Depression
- Detoxification
- Drug Addiction Treatment

- Family Counseling
- Family Services
- Gambling Addiction

Observation :

It exists to help people find relief and treatment for their addictions. There proper management for the patient recovery in small adjusted place. At the ground floor there is reception and room for family counseling. Second floor is the section for acute care management which is initial behaviour management. At second floor there is stable unit where patient after 15 to 16 days shifted. They follow daily routine form morning 6.30 to 10.00 night and in acute care they only take rest. There treatment plan is normally upto 90 days but it changes depends on patients. As for alcohol patients there is 4 -5 months.

Conclusion :

It exist to make the first step in a family's path to recovery the right step through knowledgeable, unbiased, and helpful information while continuing to provide relevant resources throughout their entire recovery journey. It is Independent as it do not own or are operated by a treatment center and it is Ethical their guiding principle is to put the patient first.

FIELD VISIT 3

ARUNABH

INTRODUCTION:

Arunabh school is giving education to special abled children and provide

courses personalized to accommodate different abilities. They offer specialized training programs in [specific skills] and provide a supportive environment conducive to individual growth.

Impact: Arunabh aims to empower differently-abled individuals by honing their skills and fostering independence. Through their vocational training and skill development programs, they seek to facilitate greater societal inclusion and break barriers to employment for individuals with diverse abilities.

Observation :

Arunabh's mission is to foster skill development and provide vocational training tailored to each individual's capabilities, aiming to create opportunities for their holistic development and inclusion in society.

The center provides skill-based training and vocational courses personalized to accommodate different abilities. They offer specialized training programs in [specific skills] and provide a supportive environment conducive to individual growth.

Conclusion :

Arunabh aims to empower differently-abled individuals by honing their skills and fostering independence. Through their vocational training and skill development programs, they seek to facilitate greater societal inclusion and break barriers to employment for individuals with diverse abilities