

FIELD VISIT REPORT FILE
B.A. PSYCHOLOGY 5th SEM
SCHOOL OF SOCIAL SCIENCES, D.A.V.V.



FACULTY NAME :
Ms. JYOTI JOSHI.
SOSS · DAVV

SUBMITTED BY:
IQURA RIZWAN-UR-
REHMAN KHAN

YEAR :

2023

COURSE NAME :

B.A. PSYCHOLOGY

ENROLLMENT NO:

DA2100348

ACKNOWLEDGEMENT

I would like to express my deepest appreciation to all those who provided me the possibility to complete this report.

My sincere gratitude to Mrs. Tyoti Joshi, my professor for Fundamentals Of Counselling for organizing three field trips and for providing her valuable guidance and support for this fieldwork report. Her expertise and insightful feedback greatly contributed to the quality of this work.

I would also like to acknowledge the assistance and cooperation extended by Mrs. Rekha Acharya, Head Of Department of School Of Social Sciences (DAVV) who graciously provided us for this opportunity.

I would also like to thank Mrs. Anita Sharma for Sri Yug, Lurush Dham, Mrs. Madhav of Happy Home Rehab-Centre and Mr. Vyantesth of Arunabh Inclusive School for actively guiding us throughout the insightful field trips. The completion of this file wouldnt be possible without their knowledge, help and guidance.

- IQURA RIZWAN UR REHMAN KHAN.

INTRODUCTION & CONTENT

FIELD VISIT : 1.

- NAME : Shri Yugpurush Dham Baudhik Vikas School
- LOCATION : Adwait Ashram, Panchkuiya Road, Raj Nagar, Indore, Madhya Pradesh 452006.

ABOUT : Shri Yugpurush Dham is a Non-profit organization which was established in 2006 that works primarily in the domain of Education, Health Gender and Child & Youth Development. Its purpose office as well as organization is in Indore.

- The various services offered for the specially-abled children and adults are Art, Music, Dance, Hospital / Clinical, Therapist, Physiotherapist, Speech therapy, vocational activities and Yoga.
- They mainly work with children and adults with autism, cerebral palsy and other intellectual developmental and learning disabilities.
- Its current principal Ms Anita Sharma.
- Yugpurush Dham works both as a hostel for orphans and left out children and as a daycare school (2pm - 4:30pm).

1. > History :-

Date of Incorporation : July 03, 2006

Age of the Institution : 17 Years approx.

2. > Services Offered :-

- Day Care school
- Hostel. (Boys & Girls; Separate floors)
- Assessment
- Occupational Therapy
- Special Education and speech Therapy
- Physiotherapy.

3. > No. of Patients :-

250+ hostellers ; 36 Day schoolers

4. > Profile of the Organization :-

Non-Government Organization (Set-up Trust)

but it receives regular aides and donations from the government and is also tied up with local police in cases of abandoned patients by family.

5. > Objectives of Visiting :

To observe children with Autism, Attention-deficit-hyperactivity disorder, and intellectual, developmental,

and learning disabilities. Also included focusing on understanding the organization's impact.

* OBSERVATION :-

- The organization was split in 3 parts (a) Day school (b) Girls Hostel (c) Boys Hostel.
- Patients weren't divided according to or on the basis of their disorders due to multiple comorbidities in almost every case.
- In every case about hostellers there was a lack of proper information of the case.
- Though there was a well numbered staff with a teacher in every class, they were taught almost similarly due to inadequate knowledge of cases as well as lack of proper case.
- The major focus of the organization was to ensure that the patients if not become fully adaptive to live in society can atleast do some activities basic (like toilet training, eating on their own) by themselves.

+ Observation Case 1:

Name - XYZ ; Age : around 22-25

Disorder - Semi Autistic + Dwarfism

- Appearance - had fair complexion, with a peculiar face.
- Turned her back towards strangers and had her

ears covered tightly

- didn't respond when called by name
- maintained no eye contact with observers and showed a little contact with known people around her
- It seemed she preferred to stay alone and faced the wall
- At first didn't speak but when she spoke a bit was delayed speech

didn't seem to understand simple questions or instructions

- didn't particularly show any interest in people or point at objects, simply in her own world
- was constantly focused on staring at the wall
- she had her hair in a buzz cut with a clothing that resembled other patients (a uniform)

+ Observation Case 2:

Name: PQR ; Age: Mid twenties

Disorders: Attention-Deficit Hyperactivity + Learning Disability

- Like all patients, she had similar appearance physically, with a buzz cut and uniform cloth;
- didn't have developed speech that was coherent
- when questioned only responded with sounds
- seemed to understand her name and responded to it
- maintained no eye contact
- hyperactivity and impulsivity

Topic :

Date

06.

- didn't sit or stand still for even few moments
- recognized music and danced happily which shows dancing is an interest hobby.

• Overall, the organization is currently working to make these patients to become atleast self sufficient. There are separate teachers specialized in different fields but they are common to all patients with no specialized individual focus on one particular case. They are all taught the same things.

FIELD VISIT : 2.

• NAME : Happy Home Rehabilitation Centre

• LOCATION : Khandua Naka, Ganesh Naka, Indore, Madhya Pradesh.

• ABOUT : Happy Home De-Addiction Rehab Centre is running under Smart Future Social Welfare Society, Indore. They work on alcohol and drug de-addiction to create awareness and treatment of addiction.

• It was found by psychologists, Mr. Praveen Shrivastava and Mr. Vinod Raz, with a core vision to serve and provide treatment to those individuals who are suffering from psychiatric illness and disease of addiction.

• The organization was established in 2014 with a motive to provide proper treatment of addiction in society and educate for themselves and their next generation.

1. History :

• Established in 2014

• 11+ years of working active practice.

2.7 Services :-

- Alcoholism treatment
- Detoxification
- Depression
- Drug Addiction Treatment
- Family Counselling
- Psychotherapy
- Relapse and Relapse prevention
- Residential Rehabilitation
- Substance Abuse Treatment
- Prevention.

3.7 No. of Patients :

30 patients in the residency.

* Profile of the Organization:

- Non-Government Organization
- Private Rehab

* ~~Observation~~ Objectives :

- Understanding the treatment process
- Assessing facilities and observing the Infrastructure and therapeutic interventions
- Interacting with the staff

* Observation :

We were guided and leaded by the psychologist Mr. Madhav who explained to us about the services offered by Happy Home Rehabilitation Centre.

The target areas in the organization are :

1. > Addiction Patients - Alcohol, Cannabis drug, opium.

2. > Psychiatric Patients - Epilepsy, schizophrenia.

3. > Nicotine Replacement

4. > Behavioural Issues

5. > Mood Disorders and Personality Issues - Above 18 years

6. > Conduct Disorder, Pornography Addiction and Screen addiction - Below 18 years

• Provided Services :-

1. > Admission : (a) Voluntary; the patient can come by themselves and get admitted to the facility

(b) Involuntary; when the client doesn't willingly want to come in direct way and indirectly needs to be rescued by family members or the rehab staff.

2. > Enquiry :

for addiction patients 90 days, 120 days and max 180 days

- 90 days for moderate case addicts; also depends upon the treatment.

3. > Case History :-

• Family is the main source or any other reliable person

ie. friends or immediate family or when situation calls, distant cousins or relatives.

4. Observation Of The Patient: Sometimes clients come in an intoxicated state and have distorted thoughts and perceptions, so they are kept under observation.

This stage is called Acute Care Unit similar to ICU in rehab.

- Acute Care Management - includes withdrawal symptom management. (a) mild, moderate or severe in alcohol cases.

- (b) ~~Acute~~ Delirium Trigger - more than severe cases in alcohol.

- Behaviour Management

- Psychiatric Patients - Hallucinations and delusions. In this cases, the defence mechanisms that are used by patients are also observed.

- Initial Behaviour Management - Exposure therapy, depends upon the symptoms shown.

6. Factors on which patient is treated :

- (a) Assessment of symptoms via Mental Status Examination

- (b) Provisional Diagnosis: given to the patient by psychiatrist, medicines are prescribed. When highly intoxicated or facing withdrawal symptoms patients show physical symptoms like shivering and collapsing of locomotor.

activity and experience brain withdrawals. These patients are provided IV-NS DNS and RL (a type of saline).

(c) Report by Acute Care Unit - Based on the observation for 15 days.

(d) Process of Detox 5 days.

• After 15 days withdrawal may come back in some cases after masking.

• After these processes, the patient is shifted to a specific room for their treatment specialized plan.

* Client Intention Plan

- The clients report is shared with their family

- Art, Music, psychoeducation are used for therapy.

- PSR (Psychosocial Rehabilitation plan) is based on addiction and is used

- For individual counselling CBT, MIT, MED for addiction REBT for addicts + psychiatric patients.

- Music DBT MITD for psychiatric patients.

• After Care process is maintained because termination isn't possible in such cases. They are life long.

• Crisis Plan and RIP - Relapse Intervention Plan, follow ups and medication are provided as well.

FIELD VISIT : 3

• NAME : Anurabh Inclusive School

• LOCATION : 43, Telephone Nagar, Kanadia Main Road, near Vijay Nagar Kirana store, Indore Madhya Pradesh.

• ABOUT : Anurabh is an Intervention and Research Centre for children with special needs having Neurological and basic cognitive disorders (Autism, learning disability and Mental Retardation).

• The mission was initiated as a project by Sri Devi Mantoshri Samajik Seva Sansathan as a registered NGO

• In the year 2011, Sri DMSSS initiated Anurabh (Centre for differently abled) as its flagship project.

• Anurabh works with a sole objective (a) To provide support and integration of individuals with mental challenges into mainstream society through capacity building. (b) Research and analyze on the reasons for mental disorder by birth. Explore various possibilities, techniques, process and beliefs to undertake possible steps for prevention & cure for problems related to neurological disorders like autism, learning

Topic :

Date

13.

disability, ADHD, Mental Retardation, Cerebral Palsy & Spasticity.

1.7 History of The Organisation

Established in 2011, by Sri Devi Mantashai Samajik Seva Sansthan as its flagship project with a mission "To make life Better for Differently Abled"

2.7 Services

- Mantra Therapy
- Vocational training
- Music Services
- Cooking
- Gardening as Therapy
- Dance Therapy
- Predictive Homeopathy Treatment
- Special Education
- Formal Education

3.7 Profile of the organization :

- Registered private non-government organization under the cause "Make life Better for Differently Abled"

Objective of Visiting :

Spread awareness about autism in society and taking

youth as a medium and with the help of well known educationists and leading educational institutes as associate partners.

* OBSERVATIONS :

+ Arunabh was divided in 4 parts. The first part is the day care school where children with autism, ADHD and learning disabilities are taught by licensed, well experienced teachers. The second part is the 'Cafe' owned and managed by the smarter and reliant specially abled children. The cafe is in partnership with 'AMUL' and sells all sorts of dairy products, general store items and a mini refreshment cafe. Here specially abled children who are interested in cooking work in a batch from 5 to 10:30 pm daily. They are taught basic home management skills of cooking, housekeeping and sewing. The third part is a packaging room where items are repackaged for selling by the specially abled. The fourth part was where adult autistic people are taught in a much open and bigger room.

+ The centre provides special education, life skill training, remedial therapies and medical facilities.

to children with special needs. The centre has experienced & qualified staff as human resources and the infrastructure is well equipped to offer intervention and remedial therapies for special need children.

+ Intervention and Activities for the Differently Abled:

1. > Special Education: Life skill & Behavioural training using concept of Multiple Intelligence Educating through books, equipments, art and Crafts, performing arts like music, dance, drama etc.
2. > Formal Education: Educating and preparing for exams for National Open School Education using Occupational Physical, Speech therapy as per individual need.
3. > Music Therapy - An expressive means by using all facets - social, mental, emotional, aesthetic, physical and spiritual to help children improve their physical and mental health.
4. > Mantra Therapy - concentrating on sound vibrations for restoration of Mental health.
5. > Vocational Training: Emphasis on career readiness programs like partnership with the parents in case of family business, specific industry based training and work place experience in arrangements with.

CONCLUSION

After visiting all three places A. Yugpurush Dham B. Happy Home Rehab Centre C. Anurath Inclusive for field visits. I came to realise how these places provided me invaluable insights and practical knowledge that significantly enrichment of our understanding of Autism, ADHD, Learning Disabilities, Mental problems related to Intellectual Development and Rehabilitation for substance and Drug Abuse. Witnessing firsthand the day-to-day problems and challenges faced by the specially Abled and Addicts at the three respective organizations offered a unique perspective that cant be replicated while classroom learning alone. We had the opportunity to interact with professionals in the field, gaining direct access to their expertises and experiences. This deepened our comprehension on the subject matter. The field visits were an enriching and enlightening experience, contributing significantly to our overall education and professional development.

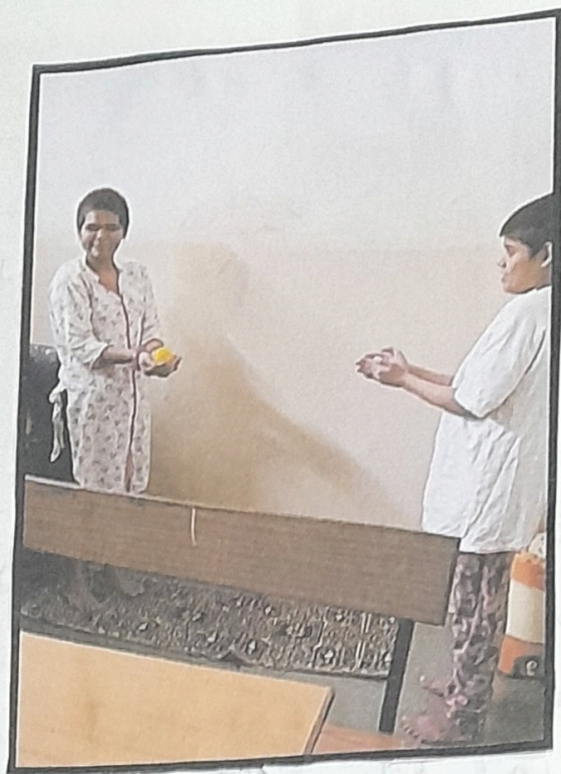
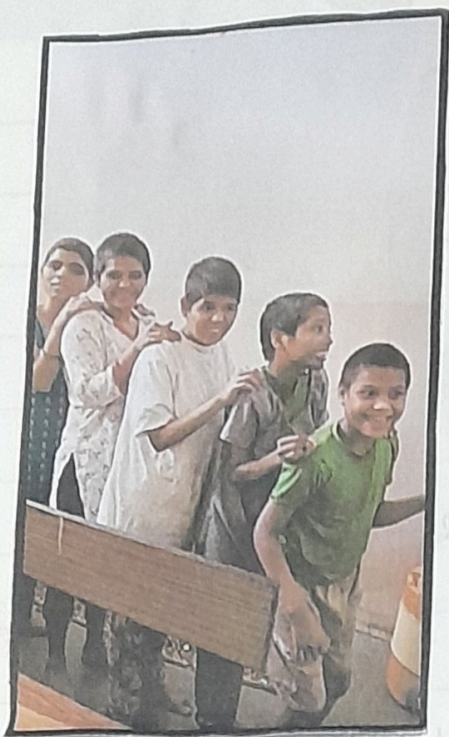
ACKNOWLEDGEMENT



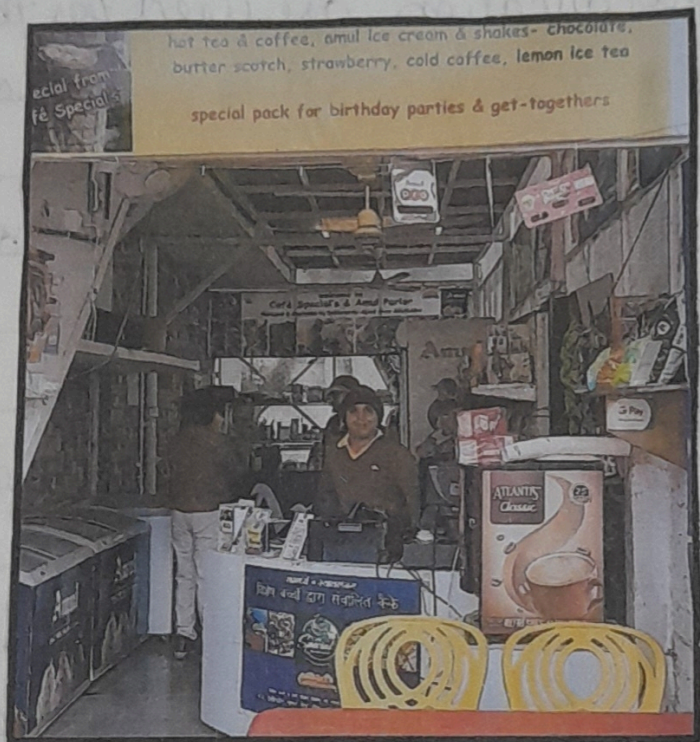


Topic :

03.

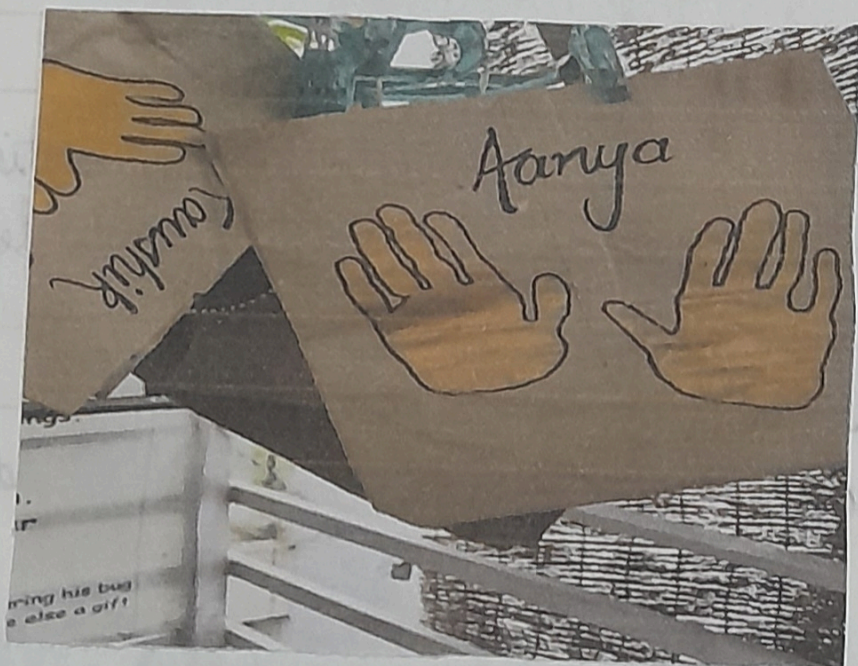








13.







Topic :

Date

APPENDIX

1. Field Visit 1 :

• November 03, 2023

• Friday

2. Field Visit 2 :

• November 20, 2023

• Monday

3. Field Visit 3 :

• November 27

• Monday

✓ checked
Excellent
Hoshi
3/12/23