



Devi Ahilya Vishwavidyalaya Indore

FIELD VISIT REPORT

NAME - MANANYA JAKAR

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COURSE NAME - BA PSYCHOLOGY

ROLL NO. - 2124927

Report on field visit to

Shri yougpurush dham baudhik vikas school

Acknowledgement:

I extend my heartfelt appreciation for the privilege to embark on a field visit to Shri Yugpurush Dham Baudhik Vikas School, an exemplary initiative committed to serving children and adults grappling with mental health disorders, learning disabilities, and autism. The knowledge gleaned during this immersive experience has proven to be both enlightening and invaluable.

Introduction:

This report aspires to furnish a nuanced and comprehensive overview of the observations and insights gleaned from the field visit to Shri Yugpurush Dham Baudhik Vikas School. Operating under the aegis of the government, this institution endeavors to cater to a diverse cohort of children and adults grappling with unique intellectual and developmental challenges, offering a spectrum of services to address their nuanced needs.

Objectives/Purpose of Visit:

The primary thrust of this visit was to unravel the operational intricacies of Shri Yugpurush Dham Baudhik Vikas School, discern the efficacy of the services proffered, and distill insights into the dynamic landscape of challenges and triumphs faced by a government organization dedicated to the realms of special education and mental health.

Profile of Agency:

Shri Yugpurush Dham Baudhik Vikas School, a governmental organization entwined with the fabric of a non-governmental organization, specializes in providing tailored support to individuals grappling with Autism, Cerebral Palsy, and diverse intellectual and developmental disabilities. Their repertoire of services encompasses assessments, consultations, occupational therapy, physiotherapy, special education, and speech therapy. The institution extends its umbrella of support across age demographics, spanning from 6 to those beyond the age of 18.

Work Done/Observations/Learnings:

- The organizational framework accommodates a substantial cohort of children and adults navigating the terrain of special needs. However, a discernible lacuna persists in the realm of individualized personal care.
- The staff, while embodying a convivial disposition, grapple with inherent limitations in understanding the distinctive conditions of each student, a predicament exacerbated by the organization's magnitude.
- A confidential repository, under the stewardship of the NGO's head, meticulously catalogs sensitive information pertaining to the medical, physical, and mental health conditions of the students.
- The institution's commitment to comprehensive support is underscored by the provision of a daycare facility, emblematic of their holistic approach.

Observations on Abhijet:

Amidst the kaleidoscope of students, particular scrutiny was directed towards Abhijet, a 19-year-old luminary navigating the spectrum of autism disorder. Discerning observations illuminate Abhijet's proactive demeanor, his role as a de facto leader within the class, and a predilection for more animated interactions compared to his peers. Despite grappling with impediments such as being non-vocal and harboring a reticence, Abhijet showcases commendable autonomy by attending to mundane tasks like washing his lunch box. Furthermore, his grasp of rudimentary arithmetic, coupled with active participation in daily rituals, sets him apart.

****Conclusion:****

The sojourn to Shri Yugpurush Dham Baudhik Vikas School has bequeathed profound insights into the intricate tapestry of challenges and triumphs characteristic of a government organization dedicated to addressing the diverse needs of individuals with special needs. The institution grapples with the inherent challenge of delivering personalized care given its voluminous scale but remains a pivotal player in rendering essential services and fortifying the societal support system. The dedication and mettle exhibited by both the institution and exemplary students like Abhijet serve as a testament to the imperativeness of sustained endeavors in the domains of special education and mental health advocacy.



Report on Field Visit to

Happy Homes Rehabilitation Centre

Acknowledgement:

I express my sincere appreciation to Happy Homes Rehabilitation Centre for graciously facilitating my visit. Their openness and willingness to share insights into their valuable work in addiction rehabilitation made this experience both educational and enlightening.

Introduction:

This report aims to comprehensively document the findings and reflections from a recent field visit to Happy Homes Rehabilitation Centre. The center is a beacon of hope for individuals grappling with substance abuse, providing an array of services designed to guide them towards a path of recovery.

Objectives/Purpose of Visit:

The primary objectives of this visit were multifold. Firstly, it sought to gain a nuanced understanding of the diverse services offered by Happy Homes in addressing the complex issue of substance abuse. Secondly, it aimed to explore the intricacies of the admission process, treatment methodologies employed, and the center's strategies for aftercare. Lastly, the goal was to assess how the center's mission aligns with its practical applications and impacts in preventing societal harm stemming from addiction.

Profile of Agency:

Happy Homes Rehabilitation Centre operates as a private organization dedicated to the holistic well-being of individuals battling addiction. Its commitment to societal welfare is articulated in its mission statement, emphasizing the prevention of harm caused by substance abuse and the restoration of individuals to a healthier and more fulfilling life.

Work Done/Observations/Learnings:

- **Services:**

Happy Homes offers a comprehensive suite of services, catering to a spectrum of addictions including opioids, alcohol, and illicit drugs. Beyond mere detoxification, the center delves into behavioral issues, mood disorders, and provides family counseling, notably favoring an outpatient model to ensure sustained support.

- **Admission Process:**

The admission process is characterized by both voluntary and involuntary pathways. Indirect admissions, often involving a rescue process, underscore the urgency in certain cases. The 90-day standard initial phase allows for a meticulous assessment of each individual's unique circumstances. The Acute Care Unit (ACU), akin to an intensive care unit, manages withdrawal symptoms with a structured approach during the critical initial 15 days.

- **Treatment Process:**

Detoxification, a crucial phase especially for alcohol dependency, unfolds over five days and involves the administration of saline solutions. Post-detox, the rehabilitation journey integrates diverse therapeutic approaches, such as cognitive-behavioral therapy (CBT),

art therapy, music therapy, and recreational activities. The Psychosocial Rehabilitation Plan, unfolding over six days, tailors interventions to individual needs.

- ****Aftercare and Intervention:****

The center prioritizes a structured aftercare process, which includes the formulation and implementation of a Relapse Prevention Plan (Rob) and a Crisis Plan. Family involvement is emphasized throughout the recovery process, with exclusive therapy sessions dedicated to female patients.

Conclusion:

The visit to Happy Homes Rehabilitation Centre provided profound insights into their comprehensive and compassionate approach to addiction rehabilitation. Beyond the clinical aspects, the center's commitment to ongoing care, tailored interventions, and family involvement underscores a holistic philosophy towards recovery. Happy Homes

stands not only as a treatment center but as a beacon of hope, embodying the possibilities of recovery and the restoration of individuals to a life of health and fulfillment.



**BEST
TREATMENT
AND CARE**

Happy Home Rehab Centre



Alcoholic and Addict Care

Commitment to
Improvement the
lives of your love one



Report on field visit to

Arunabh School/Nature 1st

Acknowledgement:

I extend my sincere gratitude to Arunabh, an Intervention and Research Centre for Children with Special Needs, for graciously hosting my visit. The warmth and openness displayed by the staff and children made this experience profoundly meaningful.

Introduction:

This report encapsulates my profound insights and learnings from the immersive visit to Arunabh, a beacon of hope initiated by the nonprofit organization "Sri Devi Matoshri Samajik Seva Sansthan." Arunabh is dedicated to the noble cause of "Making Life Better for the Differently Able," focusing on children with neurological and cognitive disorders such as Autism, Learning Disability, and Mental Retardation.

Objectives/Purpose of Visit:

The primary objectives were multifaceted: to gain a nuanced understanding of Arunabh's distinctive services, delve into their admission processes, comprehend their innovative three-level growth system, and witness firsthand the transformative initiatives aimed at fostering self-sustainability among the differently-abled individuals.

Profile of Agency:

Arunabh, operating under the umbrella of "Sri Devi Matoshri Samajik Seva Sansthan," stands as an Intervention and Research Centre. This nonprofit organization passionately champions the cause of "Making Life Better for Differently Able," underscoring a commitment to enhancing the lives of individuals with special needs.

Work Done/Observations/Learnings:

Educational Levels:

- **Aarambh (The Beginning):**

This foundational level is tailored for beginners, where the focus is on fundamental skills. The curriculum includes training on setting, behavior, proper communication, hygiene, and toilet training for autistic kids.

- **Adhayan (The Learning):**

In the second level, known as Adhayan, individuals progress in their learning journey. Here, the emphasis is on promoting new learning, and children are encouraged to understand and appreciate their unique gifts bestowed by God.

- **Aatmnirbhar (The Self-Reliant):**

The third level signifies self-reliance and independence. Individuals are guided to identify and harness their talents, transforming them into strengths. Notably, they are involved in various initiatives, including handmade businesses and a unique cafe, fostering a sense of self-sustainability.

Initiatives:

- **Cafe Project:**

Arunabh runs a cafe staffed by autistic children and adults. Beyond offering delightful food, this initiative empowers individuals with training in billing, simple mathematics, and customer interactions. The cafe also sells pulses and grains packaged by the individuals, contributing to their self-sustainability.

- ****Handmade Businesses:****

The center engages individuals in various handmade businesses, including creating posters, fridge magnets, and other crafts. They are taught how to exhibit their creations, allowing them to earn money independently.

Environment:

- The atmosphere at Arunabh is a harmonious blend of a homely and educational setting. During our visit, children showcased their abilities in communication, singing, and dancing, creating an environment where they felt both at home and in school simultaneously.

- Trained teachers, possessing both knowledge and empathy, contribute to creating a supportive environment that fosters growth and learning.

Comparative Structure:

- Operating as a private organization, Arunabh exhibits a structured and efficient setup, distinguishing itself from government-based organizations. Currently accommodating 40 special needs children and 32 special adults, the center maintains a staff of 27.

Conclusion:

In conclusion, the visit to Arunabh unfolded a model institution dedicated to the holistic development of children and adults with special needs. The three-level growth system, innovative initiatives, and commitment to self-sustainability contribute to an environment where individuals can not only learn but also showcase their talents. Arunabh's dedication to "Making Life Better for Differently Able" is exemplified in its impactful initiatives, fostering a sense of accomplishment and empowerment among those with special needs.





Conclusion for all Field Visits:

In concluding this trilogy of field visits, I am compelled to express the sheer amazement and gratitude that wells within me after this extraordinary journey. Each visit was an odyssey into realms previously unexplored, unveiling nuances and realities I had long yearned to comprehend. The tapestry of experiences woven during these excursions is nothing short of transformative.

I extend heartfelt thanks to ma'am whose discerning guidance and unwavering support granted us access to these illuminating experiences. Their foresight in curating these opportunities has indelibly impacted my understanding of the world and kindled a fervent desire for continued exploration.

These field visits were not mere academic exercises but profound encounters with humanity's diverse facets. The resilience witnessed, the stories heard, and the lives touched have collectively injected an unparalleled brightness into my own journey. It is a life-changing amalgamation of sights, sounds, and emotions that will resonate within me indefinitely.

In the tapestry of my educational voyage, these field visits stand as beacons of enlightenment, illuminating pathways to empathy, understanding, and a broader perspective. As I traverse forward, the echoes of these experiences will undoubtedly shape my outlook, fostering a profound sense of gratitude for the privilege of witnessing and learning from the rich tapestry of human existence.