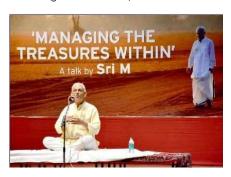
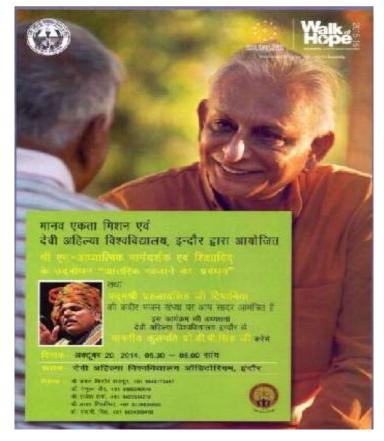
Human Values Program:

मानव एकता मिशन एवं देवी अहिल्या विश्वविद्यालय, इंदौर द्वारा श्री-एम्-अध्यात्मिक मार्गदर्शक एवं शिक्षाविद का "आन्तरिक खजाने का प्रबंधन" विषय पर का उद्बोधन एवं पद्मश्री श्री प्रह्लाद जी तिपनिया की कबीर भजन संध्या के आयोजन की कुछ झलिकयाँ (दिनांक-20-10-2014).













DAVV Anand Cell & Heartfulness Institute

"Crafting Career with Happiness"



Anand Cell of DAVV, Indore, organized interesting sessions in collaboration with Heartfulness Institute on the very pertinent topic "Crafting Career with Happiness". Four sessions were organized at four departments of DAVV- School of Computer Science and IT, School of Commerce, Institute of Management Studies and IET. Around 1200 students participated in these sessions. Invited experts from Heartfulness institute guided the students about importance of nurturing the qualities of heart like – compassion, happiness, love etc. The experts included Mr.Anurag Mundra, Jt Managing Director, Ujas Energy, Prof Prakash Dandekar, Visiting faculty, IIT Gandhinagar, Mr.Ramakant Agrawal, Entrepreneur and social worker, Mr.Rajesh Raverkar, Adani Wilmar and Dr.Shashank Agrawal, Chartered Accountant.

The speakers emphasized on the fact that these qualities of heart help a individual throughout his life irrespective of profession he is in. They introduced effectiveness of Heartfulness Meditation to nurture these qualities. Heartfulness Institute is a Non-profit organization, empanelled with MP Rajya Anand Sansthan, and it works in more than 100 countries to teach simple heart based meditation techniques for human benefit

Honourable Vice Chancellor Prof Narendra Dhaka and Prof Anand Kar, Chairman of Anand Cell DAVV were present in different sessions. Dr.Maya Ingle, coordinator of Anand Cell worked in collaboration with Heartfulness Institute to arrange these sessions. In the second phase of the event, registered students shall be participating in 3 days workshop on "Learn to Meditate—Heartfulness Way".

In the second phase of the program, 3 days workshops were held in IET, SCS &IT, IMS, School of Law, and School of Economics in which more than 400 students participated. In these workshops the experts from Heartfulness guided students about Goal Setting, Stress Management and right living and attaining humble qualities in life through meditation. The students were given experience of meditation by experts on all three days. Further, the participants were encouraged to make meditation a part of their daily lives to remain peaceful and stress-free. Heartfulness ID cards were given to all students who completed the workshop. This ID card would enable them access to support for meditation across the world throughout their life.



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