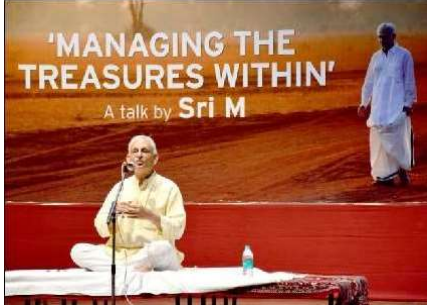


## Human Values Program:

मानव एकता मिशन एवं देवी अहिल्या विश्वविद्यालय, इंदौर द्वारा श्री-एम्-अध्यात्मिक मार्गदर्शक एवं शिक्षाविद का “आन्तरिक खजाने का प्रबंधन” विषय पर का उद्बोधन एवं पद्मश्री श्री प्रहलाद जी तिपनिया की कवीर भजन संध्या के आयोजन की कुछ झलकियाँ (दिनांक-20-10-2014).



**Walk of Hope**

मानव एकता मिशन एवं देवी अहिल्या विश्वविद्यालय, इन्दौर द्वारा आयोजित श्री एम्-अध्यात्मिक मार्गदर्शक एवं शिक्षाविद के उद्बोधन “आन्तरिक खजाने का प्रबंधन” तथा पद्मश्री प्रहलादजी की दिव्यानेता की कवीर भजन संध्या पर काय सादर आमंत्रित है इस कार्यक्रम की अध्यक्षता देवी अहिल्या विश्वविद्यालय इन्दौर के माकनीव कुलपती प्रो.बी.पी.शिंडे जी करेंगे

**दिनांक** - अक्टूबर 20, 2014, 06.30 - 08.00 काय

**स्थान** - देवी अहिल्या विश्वविद्यालय अतिथिदिव्यम, इन्दौर

**संकेत** - श्री अम्बे भवन, इन्दौर, 031-26427344  
 श्री एम्बे भवन, 031-26427344  
 श्री एम्बे भवन, 031-26427344  
 श्री एम्बे भवन, 031-26427344





# DAVV Anand Cell & Heartfulness Institute

## “Crafting Career with Happiness”



Anand Cell of DAVV, Indore, organized interesting sessions in collaboration with Heartfulness Institute on the very pertinent topic **“Crafting Career with Happiness”**. Four sessions were organized at four departments of DAVV- School of Computer Science and IT, School of Commerce, Institute of Management Studies and IET. Around **1200 students** participated in these sessions. Invited experts from Heartfulness institute guided the students about importance of nurturing the qualities of heart like – compassion, happiness, love etc. The experts included Mr.Anurag Mundra, Jt Managing Director, Ujas Energy, Prof Prakash Dandekar, Visiting faculty, IIT Gandhinagar, Mr.Ramakant Agrawal, Entrepreneur and social worker, Mr.Rajesh Raverkar, Adani Wilmar and Dr.Shashank Agrawal, Chartered Accountant.

The speakers emphasized on the fact that these qualities of heart help a individual throughout his life irrespective of profession he is in. They introduced effectiveness of Heartfulness Meditation to nurture these qualities. Heartfulness Institute is a Non-profit organization, empanelled with MP Rajya Anand Sansthan, and it works in more than 100 countries to teach simple heart based meditation techniques for human benefit

Honourable Vice Chancellor Prof Narendra Dhaka and Prof Anand Kar, Chairman of Anand Cell DAVV were present in different sessions. Dr.Maya Ingle, coordinator of Anand Cell worked in collaboration with Heartfulness Institute to arrange these sessions. In the second phase of the event, registered students shall be participating in 3 days workshop on “Learn to Meditate– Heartfulness Way”.

In the second phase of the program, 3 days workshops were held in IET, SCS &IT, IMS, School of Law, and School of Economics in which more than 400 students participated. In these workshops the experts from Heartfulness guided students about Goal Setting, Stress Management and right living and attaining humble qualities in life through meditation. The students were given experience of meditation by experts on all three days. Further, the participants were encouraged to make meditation a part of their daily lives to remain peaceful and stress-free. Heartfulness ID cards were given to all students who completed the workshop. This ID card would enable them access to support for meditation across the world throughout their life.





# DAVV Anand Cell & Heartfulness Institute





# Devi Ahilya Vishwavidyalaya , Indore

<p><b>National Symposium on Health &amp; Happiness</b> 6<sup>th</sup> March 2019 <b>REGISTRATION FORM</b> (Submit scanned copy of Bank trans. receipt along with this filled-up form to ensure your participation)</p> <p>Name: _____ Designation: _____ Address: _____ Category: (PG Student) (Post doc) (Faculty) (Industry) Department: _____ Organization: _____ Mobile: _____ Email-id: _____ Amount: _____ Transaction Date: _____ Transaction No: _____ Sender's Account No.: _____ (For online transaction) Bank Name &amp; Branch: _____</p> <p>Signature of participant _____</p> <p><b>CERTIFICATE</b> Ms./Mr./Dr. _____ Designation _____ has been authorized to attend all sessions of Symposium organized by ANAND CELL, DAVV Indore on 6<sup>th</sup> March 2019 at SCSIT, DAVV, Indore.</p> <p>OFFICE SEAL _____ SIGNATURE _____ Head of Institution</p>	<p><b>PATRON</b> Dr. Narendra Kumar Dhakad Vice Chancellor, DAVV, Indore</p> <p><b>CO-ORDINATORS</b> Dr. Anand Kar <a href="mailto:karlife@rediffmail.com">karlife@rediffmail.com</a>, Dr. Namrata Sharma <a href="mailto:mailtons@yahoo.com">mailtons@yahoo.com</a>,</p> <p><b>ORGANIZING COMMITTEE</b> Shri. Ajay Verma Dr. Maya Ingle Dr. Manish Sittani Dr. Lov Kumar Soni Dr. Suwarna Torgal Dr. Madhulika Varma Dr. Rekha Acharya Dr. H. S. Parmar Dr. Akhilesh Singh Dr. Laxman Shinde</p> <p><b>CONTACT US</b> Dr. Suwarna Torgal (<a href="mailto:storgal@ietdavv.edu.in">storgal@ietdavv.edu.in</a>) Dr. Madhulika Varma (<a href="mailto:madhulika64@gmail.com">madhulika64@gmail.com</a>) Shyam Maheshwari (9074786441) Vikas Wankhede (9755255908)</p>	<p> <b>National Symposium</b> on <b>"Health and Happiness"</b> 6<sup>th</sup> March 2019</p> <p></p> <p><b>Organized by</b> ANAND CELL Devi Ahilya Vishwavidyalaya Takshshila Campus, Khandwa Road Indore (M.P.)</p> <p><b>-:Venue:-</b> Ramani Hall School of Computer Science &amp; IT, D.A.V.V., Khandwa Road, Indore (M.P.)</p>
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## ANAND CELL SYMPOSIUM



Symposium was inaugurated and addressed by Senior Superintendent of Police Ruchi Vardhan Mishra and Dr. Apoorva Puranik (SSP Demonstrated Heartfulness Meditation for Happiness)





**ANAND CELL, DAVV, INDORE**  
**NATIONAL SYMPOSIUM ON HEALTH & HAPPINESS**

6<sup>th</sup> MARCH 2019

**A BRIEF REPORT**

A National symposium on "Health and Happiness" was organized by "ANAND cell" of Devi Ahilya Vishwavidyalaya Indore (M.P.) in Ramani Hall of School of Computer Science & IT, D.A.V.V., Khandwa Road, Indore (M.P.) on 6<sup>th</sup> March, 2019. The convener of the symposium was Dr. Anand Kar and co-convener was Dr. Namrata Shrama, who took the help of different committee members including Dr. Maya Ingle. Many teaching faculty, Research scholars and students had sent their abstracts of the papers for presentation. However, few were rejected as they were of repeated type and few were not up to the mark. Finally about 35 abstracts were selected for presentation. But as participants, many had shown their interest that resulted into the total registration of 150 participants. These involved, professors, researchers and PG students of different places of Madhya Pradesh and Maharashtra. The main invited speakers of the symposium were Dr. Apurv Purank, Ms. Ruchi Vardhan Mishra and Dr. Rajendra Singh, whose talks were highly appreciated. Paper presentation were also equally good. Prizes were given for best 3 research papers and one in poster category. In fact, the outcome of the symposium was quite good.